

Performance and Spine Chiropractic Center

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Re-examinations

Patient Name: _____

Date: ____/____/____

Primary Care Physician: _____

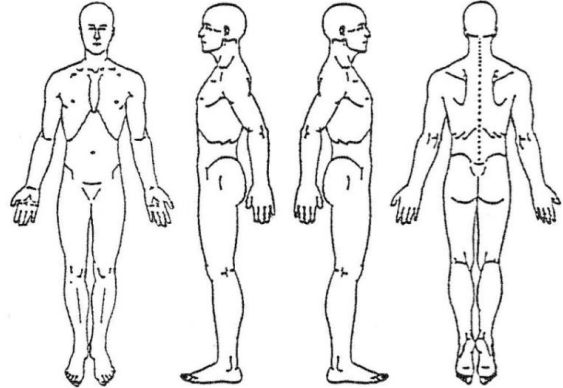
Other professional treating for this condition: _____

How did your problem begin? *Specific Incident*__ *Multiple Incidents*__ *Gradual Onset*__

Describe how the injury occurred: _____

Please mark the areas of your complaint:

XX = Pain
OO = Numbness, Tingling



Frequency (overall):

- Constant (76-100%)
- Frequent (51-75%)
- Occasional (26-50%)
- Intermittent (25% or less)

0 -----1-----2-----3-----4-----5-----6-----7-----8-----9-----10
 (No pain/discomfort) (Mild pain/discomfort) (Moderate pain/discomfort) (Severe pain/discomfort)

Is it getting Better Worse No Change?

Other Complaints (I.e. Neck Pain, Low Back Pain, etc)

1. _____ 0...1...2...3...4...5...6...7...8...9...10
 2. _____ 0...1...2...3...4...5...6...7...8...9...10
 3. _____ 0...1...2...3...4...5...6...7...8...9...10

Physical activity at work: Sitting more than 50% of day Light manual labor Manual labor Heavy manual labor

Your general stress level: No stress Minimal stress Moderate stress Greatly stressed

Please check any additional symptoms you may be experiencing:

- | | | | | |
|--|--|--|---|--|
| <input type="checkbox"/> blurred vision | <input type="checkbox"/> buzzing in ears | <input type="checkbox"/> cold feet | <input type="checkbox"/> concentration loss/confusion | <input type="checkbox"/> stiff neck |
| <input type="checkbox"/> constipation | <input type="checkbox"/> diarrhea | <input type="checkbox"/> dizziness | <input type="checkbox"/> face flushed | <input type="checkbox"/> ears ringing |
| <input type="checkbox"/> headaches | <input type="checkbox"/> insomnia | <input type="checkbox"/> light sensitivity | <input type="checkbox"/> loss of balance | <input type="checkbox"/> nervousness |
| <input type="checkbox"/> muscle jerking | <input type="checkbox"/> finger numbness | <input type="checkbox"/> toe numbness | <input type="checkbox"/> tingling in arms | <input type="checkbox"/> tingling in legs |
| <input type="checkbox"/> tension | <input type="checkbox"/> loss of smell | <input type="checkbox"/> loss of taste | <input type="checkbox"/> fainting | <input type="checkbox"/> chest pain |
| <input type="checkbox"/> shortness of breath | <input type="checkbox"/> stiff neck | <input type="checkbox"/> upset stomach | <input type="checkbox"/> sleeping trouble | <input type="checkbox"/> fever (in last 3 mo.) |
| <input type="checkbox"/> depression | <input type="checkbox"/> cold hands | <input type="checkbox"/> cold sweats | | |
| <input type="checkbox"/> loss of memory | <input type="checkbox"/> fatigue | | | |

If a family member has had any of the following, please mark the appropriate box:

Cancer Chronic Back Problems Chronic Headaches Diabetes Heart Problems
 High Blood Pressure Other Conditions: _____

Patient Signature & Date → _____ / ____ / ____

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For Re-exams/Updates Only—**please initial** if there has been no change on this page since your last visit: _____

If you have ever been treated for a listed condition in the past, please check it in the Past column. If you are currently under the care of a medical professional for a listed condition, check it in the Present column.

- | Past | Present |
|--------------------------|--|
| <input type="checkbox"/> | <input type="checkbox"/> Neck Pain (723.1) |
| <input type="checkbox"/> | <input type="checkbox"/> Upper Back Pain (724.1) |
| <input type="checkbox"/> | <input type="checkbox"/> Low Back Pain (724.2) |
| <input type="checkbox"/> | <input type="checkbox"/> Shoulder Pain (719.41) |
| <input type="checkbox"/> | <input type="checkbox"/> Pain in Upper Arm or Elbow (719.42) |
| <input type="checkbox"/> | <input type="checkbox"/> Wrist Pain (719.43) |
| <input type="checkbox"/> | <input type="checkbox"/> Hand Pain (719.44) |
| <input type="checkbox"/> | <input type="checkbox"/> Pain in Upper Leg or Hip (719.45) |
| <input type="checkbox"/> | <input type="checkbox"/> Pain in Lower Leg or Knee (729.5) |
| <input type="checkbox"/> | <input type="checkbox"/> Pain in Ankle or Foot (719.47) |
| <input type="checkbox"/> | <input type="checkbox"/> Headache (784.0) |
| <input type="checkbox"/> | <input type="checkbox"/> Jaw Pain (526.9) |
| <input type="checkbox"/> | <input type="checkbox"/> Diabetes (250.0) |
| <input type="checkbox"/> | <input type="checkbox"/> High Blood Pressure (401.9) |
| <input type="checkbox"/> | <input type="checkbox"/> Chest Pains (786.50) |
| <input type="checkbox"/> | <input type="checkbox"/> Heart Attack (410.9) |
| <input type="checkbox"/> | <input type="checkbox"/> Stroke (436) |
| <input type="checkbox"/> | <input type="checkbox"/> Cancer (199.1) |
| <input type="checkbox"/> | <input type="checkbox"/> Blood Disorder (790.6) |
| <input type="checkbox"/> | <input type="checkbox"/> Asthma (493.9) |
| <input type="checkbox"/> | <input type="checkbox"/> Swelling/Stiffness of Joint(s) |
| <input type="checkbox"/> | <input type="checkbox"/> Arthritis (716.9) |
| <input type="checkbox"/> | <input type="checkbox"/> Rheumatoid Arthritis (714.0) |
| <input type="checkbox"/> | <input type="checkbox"/> Fainting (780.2) |
| <input type="checkbox"/> | <input type="checkbox"/> Dizziness (780.4) |
| <input type="checkbox"/> | <input type="checkbox"/> Pregnancy (V22.2) |
| <input type="checkbox"/> | <input type="checkbox"/> Birth Control Pills |
| <input type="checkbox"/> | <input type="checkbox"/> Hormonal/Estrogen Replacement |
| <input type="checkbox"/> | <input type="checkbox"/> Medications: _____ |

Vitamins/Herbs: _____

Hospitalization/Surgeries: _____

- Liver (573.9) problems
- Kidney Stones (592.0)
- Kidney Disorders (by condition)

- Colitis (558.9)
- HIV/AIDS (042)
- Gallbladder (575.9)
- Chronic Sinusitis (473.9)
- Irregular Menstrual Flow (626.4)
- Breast Soreness/Lumps (611.72)
- Painful Urination (788.1)
- Abdominal Pain (789.0)
- Heartburn/Indigestion (787.1)
- Dermatitis/Eczema/Rash (692.9)
- Other: _____

- | Past | Present |
|--------------------------|--|
| <input type="checkbox"/> | <input type="checkbox"/> Tobacco (305.1) |
| <input type="checkbox"/> | <input type="checkbox"/> Alcohol (305.0) |
| <input type="checkbox"/> | <input type="checkbox"/> Drug or Alcohol Dependence (303.9) |
| <input type="checkbox"/> | <input type="checkbox"/> Coffee/Tea/Caffeinated Soft Drinks: |

Cups/Cans

Weight: _____ pounds Height: _____ feet _____ inches

Doctor's additional comments/general health concerns:
